



Day: Wednesdays

**Location: The Art Therapy Studio,
Royal Talbot Rehab Centre,
1 Yarra Bvd, Kew 3101**

**No art skills or experience
required!**

Community Art Therapy Group

This program is open for people with physical and mental health challenges and is designed to improve health and wellbeing through Art Therapy. It includes two-hour sessions for eight weeks, with each session utilising a different therapeutic theme.

This program provides a safe and compassionate environment while allowing you the space to:

- develop and practice creative skills
- have fun
- gain support and improve social connections
- express and process life challenges



This is a closed group, only the registered participants will be at each session. All art materials will be provided for these professionally facilitated therapeutic sessions, along with tea and coffee.



Scan the QR code for more
information and registration
details or email
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